

## Peter LaMastro

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### **Winter Sports Guide**

Now that the temperature is (almost) cold, it's time to grab the skis, boards and skates and start enjoying some local Connecticut/Massachusetts powdery fun. There are options for adventurers of all levels, whether just starting out or getting ready to move up to the big time of Vermont, you can have a great day staying closer to home.

## SKI / SNOWBOARD / TUBING

#### **MOHAWK MOUNTAIN SKI AREA**

https://www.mohawkmtn.com

46 Great Hollow Rd, Cornwall, CT 06753

Trails: 26 Terrain Park: Lifts: 5 triple chairs Vertical Drop: 650 ft Longest Trail: 1.25 miles Night Skiing: 16 trails

Tubing: yes Tickets:

Weekend: adult \$75, junior \$65 Weekday: adult \$40, junior \$40 Night: adult \$35, junior \$35 Trails for all abilities. Close by and reasonably priced. Tubing park. Night trails. A good day skiing.



## SKI SUNDOWN

https://skisundown.com

126 Ratlum Rd, New Hartford, Ct 06057

Trails: 16
Terrain Park:
Lifts: 3 triple chairs
Vertical Drop: 625 ft
Longest Trail: 1 mile
Night Skiing: yes
Tubing: no
Tickets:

Weekend: adult \$68, junior \$58 Weekday: adult \$58, junior \$50 Night: adult \$42, junior \$38 Good mix of intermediate and beginner runs. Few expert trails. Close by and reasonably priced.



#### POWDER RIDGE

https://powderridgepark.com

99 Powder Hill Road, Middlefield, CT  $\,$  06455

Trails: 20 Terrain Park: no Lifts: 6

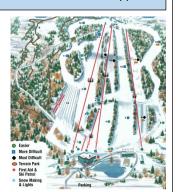
Vertical Drop: 417 ft Longest Trail: Night Skiing: yes Tubing: yes Tickets:

Weekend: adult \$61, junior \$56

Weekday:

Night: adult \$37, junior \$\$37

Good for young kids just starting out. No expert runs. Tubing park. Short drive and reasonably priced.



#### CROSS COUNTRY SKIING

#### WINDING TRAILS

https://www.windingtrails.org/home 50 Winding Trails Dr, Farmington, CT 06032

350 acres of pristine woodland, lakes and wildlife provide a gorgeous setting for the cross-country ski center. Established in 1972, the facilities have since undergone over thirty years of expansion and improvements. The Winding Trails Cross Country Ski Center offers both the beginner and experienced skier a high quality, enjoyable experience. 20 kilometer trail system is groomed daily. Equipment rental center, retail shop, sledding, ice skating, ski lodge.

# WHITE MEMORIAL CONSERVATION CENTER

https://whitememorialcc.org/outdoor-activities/80 Whitehall Road, Litchfield, CT, 06759

Although trails are not groomed, cross-country skiing and snowshoeing are welcome on White Memorial property. 4000 acres. 35 miles of trails.

#### **Collis P Huntington State Park**

9 Dodgingtown Rd, Redding, CT 06896

A public recreation area covering 1,017 acres in the towns of Redding, Newtown, and Bethel.

# CENTENNIAL WATERSHED STATE FOREST

Newtown Turnpike, Redding, CT 06896

15,300 acres offers diverse opportunities.

#### **PECONIC RIVER TRAIL**

Bridgeport, Trumbull, Monroe, Newtown

A series of disconnected paths from the former Housatonic Railroad line, running through the towns of Bridgeport, Trumbull, Monroe and Newtown.

#### **MOUNT SOUTHINGTON SKI AREA**

https://mountsouthington.com

396 Mt. Vernon Rd, Plantsville, CT 06479

Trails: 14 Terrain Park: 2 Lifts: 2 double, 2 triple Vertical Drop: 423 ft Longest Trail: .97 mile Night Skiing: yes Tubing: no

Weekend: adult \$68, junior \$58 Weekday: \$40 (adult/junior) Night: \$40 (adult/junior)

Intermediate and beginner runs. Few expert trails. Terrain park for tricks. Close by and reasonably priced.

Nice variety for all abilities.

Fast lifts, long trails. Most

Vermont. On-site hotel.

challenging terrain south of



#### JIMINY PEAK MOUNTAIN RESORT

https://www.jiminypeak.com 37 Corey Rd, Hancock, MA 01237

Trails: 45 Terrain Park: 3

Tickets:

Lifts: 1 six chair, 2 quads, 3 triples, 1 double

Vertical Drop: 1,150 ft Longest Trail: 2 mile Night Skiing: yes Tubing: yes Tickets:

Weekend: adult \$109, teen \$94 Weekday: adult \$99, junior \$84

Night: \$59 (all ages)





Nice runs for all abilities. More challenging trails. Somewhat longer

drive. Tubing available. No night

#### SKI BUTTERNUT

https://skibutternut.com

380 State Rd, Great Barrington, MA 01230

Trails: 22 Terrain Park: 2

Lifts: 1 triple chair, 4 quad chairs

Vertical Drop: 1000 ft Longest Trail: 1.5 mile Night Skiing: no Tubing: yes Tickets:

Weekend: adult \$80, junior \$70 Weekday: adult \$35, junior \$35

Night: na



skiing. Moderately priced.

## **ICE SKATING**

#### - - Indoor - -

MILFORD ICE SKATING PAVILION Milford, CT WONDERLAND OF ICE Bridgeport, CT

DARIEN ICE HOUSE Darien, CT TERRY CORNERS RINK Stamford, CT SPORTS CENTER OF CT Shelton, CT

TWIN RINKS Stamford, CT

VETERANS MEMORIAL SKATING RINK West Hartford, CT INTERNATIONAL SKATING CENTER OF CT Simsbury, CT

FAIRFIELD ICE ACADEMY Fairfield, CT WINTER GARDEN ICE ARENA Ridgefield, CT

SONO ICE HOUSE Norwalk, CT

#### Ridgefield, CT

RIDGEFIELD RAIL TRAIL

Meandering for nearly 2.5 miles through the forested exburbs of Ridgefield, CT, the trail passes among suburban acreages, along a creek at one point, and past a couple of the town's parks and open spaces, including Florida Refuge.

#### NORWALK RIVER VALLEY TRAIL

Dabury, Wilton, Norwalk

27 miles of disconnected trails running from Danbury to the Long Island Sound in Norwalk.

#### **DERBY GREENWAY**

Derby, CT

Running alongside both the Housatonic and Naugatuck Rivers, the Derby Greenway demonstrates a seamless integration of Connecticut's natural river systems and parks.

#### SLEEPING GIANT STATE PARK

Hamden, CT

A cross-country ski trail on the north side of the park, accessible from the north end of the Red Circle Trail on Tuttle Ave., or the north end of the Red Square Trail on Mansion Rd. or the east end of the Violet, Green, White, Orange and Yellow trails on Chestnut Lane.

### **FARMINGTON CANAL HERITAGE TRAIL**

50 miles spanning CT south to north from New Haven to the Massachusetts border.

#### CT STATE PARKS AND FORESTS

https://portal.ct.gov/DEEP/State-Parks/Listing-of-State-Parks

Cross country skiing is allowed on all multi-use trails and roads in all Connecticut state parks and

#### - - Outdoor - -

MILL RIVER PARK & GREENWAY Stamford, CT

**EASTBURY POND** Glastonbury, CT

LONGSHORE WPAL RINK Westport, CT

PUTNAM MEMORIAL STATE PARK Redding, CT

OSBORNEDALE STATE PARK Derby, CT

BROOKSVALE PARK Hamden, CT

GOULD MAONR PARK Fairfield, CT

STANLEY QUARTER PARK New Britain, CT

WHALEN POND Brookfield, CT OWEN FISH PARK Fairfield, CT

GORHAM'S POND Darien, CT

WRIGHTS POND Orange, CT

REDDING COMMUNITY CENTER Redding, CT